



ABENAKI NEWS



Volume 20, Issue 4

"Semper Vigilans!"

WINTER 2017

WING CALENDAR

Lesley M. Lara
CAP Wing Administrator

JANUARY

5-6 TRAINEX, AP & DR NHWG
12-13 Back Up TRAINEX date
20 NH Wing Awards 1300-1700 Discovery Center
27 NCSA Board of Review 0900 NHWG
28 Back Up BOR for NCSA

FEBRUARY

2-3 TRAINEX Dartmouth Hut, Hanover
9-10 Back Up TRAINEX date
17 Recruiting Workshop 0900 NHWG

MARCH

1-3 Legislative Day Washington, DC
10 Safety Day 0800-1600 Discovery Ctr.
15 Abenaki News deadline 1st qtr.
17-18 Unit Commander's Course
24 Tabletop SAREX 0900-1300

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"SEMPERVIGILANS"

COMMANDER'S CORNER

Col. Kevin N. Harbison, Commander

We are approaching the end of another busy year in NHWG. As always, since this is written in retrospect, I look back and am amazed at what we have accomplished as a wing. I am also looking forward to the great opportunities for success that are being presented to us for the coming year.

Our membership has grown steadily over the past few months. We have been very effective with our open houses, and as a result our new member numbers have risen. On the retention side we are still doing well. We have been able to run an SLS and CLC this fall and trained over 15 Senior Members. These classes are critical to each member's professional and personal development. Our goal is for our members to feel as though they understand Civil Air Patrol and can identify where they can best help. We need each and every volunteer. We will be running several classes during the Winter Academy as well.

We have our Winter Academy starting on the 27th of December. It will consist of Honor Guard Academy and NCO Academy. Both schools are Cadet Special Activities. Unfortunately, the Honor Guard Academy did not have any NHWG cadets apply. There are also very few NHWG cadets in the NCO Academy. We still have seats in the NCO Academy. We had cancel the cadet encampment this year because we could not find enough senior members willing to assist in running it. I hope this will not be the case next year. On a positive note, we flew a significant number of cadets last quarter. Even with the Continuing Resolution, we had money and we flew. Thank you to all who made this happen.

Operationally, we had a very busy quarter, but specifically November. We had, all in one weekend, a Staff Assistance Visit, a Wing Directed Exercise, Logistics Audit, and a Communications Exercise. Every part of the wing worked great and the Air Force was extremely impressed with the number of people present and the professionalism that was displayed. They were impressed by the calmness with which we approached our tasks. This only comes from confidence and that confidence comes from effective training. When you know what you are doing, it is hard for someone to make you nervous. Thank you for the amazing effort you put forward each month to make us great. We had eight members attend the Inland SAR School this month. This is a difficult course to get and we were lucky enough to have it in NH this year.

Continued Page 6

AWARDS AND PROMOTIONS

EARHART

David Brackett	Seacoast
Joel Chick	Hawk

HAWK

Alison Haight	C/ CMSgt
Mackayla Sanborn	C/CMSgt
Wesley Sylvester	C/CMSgt
Evelyn Martinez	C/CMSgt
Philip Martinez	C/CMSgt
Faith George	C/CMSgt
Daniel Ellis	C/CMSgt
Eli Sylvester	C/SMSgt
Benjamin Hughes	C/MSgt
Eric Haines	C/SSgt
John Archibald	C/SSgt
Hope George	C/SrA
Cameron Hayward	C/A1C
Lucy Lude	C/A1C
Shawn Osborn	C/A1C
Jordan Witham	C/A1C
Despina Kafanelis	C/A1C

HUMPHREY

Roy Hill	C/CMSgt
Simon Goryayinov	C/SMSgt
Brendan Corban	C/SMSgt
Jared Moran	C/TSgt
Andrea White	C/Amn

GREATER NASHUA

Levi Santoro	C/MSgt
Molly Blast	C/A1C
Michael Gagnon	C/Amn
Christian Fiore III	C/Amn
Adam Depasacreta	C/Amn
Kaleb Croteau	C/Amn
Adam Callahan	C/Amn

LEBANON

Luc Gauvin	C/2Lt
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SEACOAST

Jayme Brannan	C/CMSgt
Charles Discoe	C/MSgt
Sam Humphreys	C/TSgt
Grace Cornell	C/SSgt
Douglas Browning	C/SrA
Elizabeth Bliven	C/Amn
Molly Bliven	C/Amn
Brianna Browning	C/Amn
Russell Browning	C/Amn
Ethan Downs	C/Amn
Annalie Lewis	C/Amn
Christian Filteau	C/Amn
Jack Hatfield	C/Amn
Mckayla Hatfield	C/Amn
Anna Madden	C/Amn
Tyler Mitchell	C/Amn
Ayla McKean	C/Amn
Noah Robinson	C/Amn

Senior Member Promotions

Mary Alyssa Ferrero	1 st . Lt.
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SQUADRON NEWS

Submitted by Individual Units



GREATER NASHUA COMPOSITE SQUADRON

Cadets participated in sending veterans off with Honor Flight New England from Manchester Airport to Washington, DC to visit the various monuments and Arlington National Cemetery. A Cyber Patriot team has been formed to compete this year. The color guard again carried the colors for the Nashua Disabled American Veterans organization. In a moving event Cadet Laramie sang the National Anthem before the NH House of Representatives at the State House in Concord. Governor Sununu was in attendance as well.



Governor Sununu with Cadet Laramie

HAWK COMPOSITE SQUADRON

The Hawkeyes Cyber Patriot teams Vets and Rooks each now have four members and hope to add a few more as alternates. Members participated in the 100 Nights of Remembrance at the NH State Veteran's Cemetery. This event commemorates the 100 nights between Memorial Day and Veteran's Day when TAPS is sounded each night by volunteer buglers.

HUMPHREY CADET SQUADRON

The squadron's Denali Ferrero again participated in the Care for Troops packing event to send needed items and some Christmas cheer to the troops stationed overseas. Two new senior members have joined the squadron giving it much needed coverage for staff positions. Three new cadets have also joined. Cyber Phoenix the squadron's Cyber Patriot team is headed to Cyber Patriot X having completed qualification rounds 1 and 2. SM Brendan Harbison recently received an Achievement Award in recognition of his work with the squadron. He is leaving shortly to join the Army. Cadet Andrea White participated in the Wreaths Across America event at the NH State Veteran's Cemetery.



Humphrey Squadron members at November Trainex

LEBANON COMPOSITE SQUADRON

Two cadets from the squadron participated in the Rocket Competition in October. The squadron assisted with parking for One Starry Night event. C/2Lt. Zethan Moss passed command of the cadets to C/CMSgt Luc Gauvin. A fall event was participation in the Wings and Wheels event at Lebanon Airport.



Lebanon Squadron Cadet Change of Command

MANCHESTER COMPOSITE SQUADRON

Cadets from the squadron participated in the Rocket Competition in October where they won first place for altitude and accuracy. Assistance was provided to a WWII veteran with yard work in the fall. Cadets were able to take flight at Nashua Airport in November. Meetings are now being held at 175 Ammon Dr., in the National Flight Simulator office building at the Manchester Airport. This should provide more visibility for the squadron.



Cadets with Trophy and Rockets from Competition

SEACOAST COMPOSITE SQUADRON

The squadron held a fall bivouac at the Wegner's property in Strafford. In November the squadron hosted a Character Day event at the Exeter Sportsman's Club with eight cadets attending. Marksmanship training continues with cadets from Highlanders twice a month at the Exeter Sportsman's Club. Seven Great Start graduates from the fall Open House received their Curry Awards in October and seven more in November. The planned trip to Boston Logan Airport and Jet Blue was postponed due to poor weather, but hopefully it will be rescheduled in the coming months. Squadron members worked hard to fundraise for Wreaths Across America in order to earn money for cadet programs and also to get sponsors for wreaths to be placed at the Exeter Cemetery on December 16th. An unexpected extra batch of wreaths made about 300 wreaths to place with a large number of community, squadron and Boy Scouts assisting. In December the squadron held their annual holiday party with a Yankee Swap for the cadets. A number of lint brushes and shoeshine kits were traded. The item most swapped was a giant Snickers bar. Mmmmm!! A senior member party is planned for January.



Seacoast Cadets A. Lewis, Downs, and Robinson with First Flight Certificates

Commander’s Corner cont.

As we move into the new year we will continue to grow as a wing. We are in discussions with AFRCC, Fish and Game and Bureau of Aeronautics to better define our relative roles. This finished product will hopefully make the process of activating CAP much simpler for our customers. Getting us into the mix early will make the tools that we possess available to the state earlier in the event which will hopefully lead to increasing the likelihood of a positive outcome. In the end that is what we are about. Making a positive difference in people’s lives. Take time to enjoy family during the holidays. Have a great holiday break, if you get one, and let’s work together for a great new year.

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IN MEMORIAM

LTC HELEN LOVELL
Former HF Net Coordinator
Former Member of Claremont Squadron

MAY SHE REST IN PEACE

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Capt. Benjamin Conlin with Chuck Yeager Aerospace Award

The New Year is typically a time for resolutions for behavior during the year ahead. One of my teachers and mentors, Rabbi David Wolpe, has suggested five valuable resolutions to think about and try for 2018. I think everyone would benefit by giving them a try....

Chaplain Gary Atkins
Seacoast Composite Squadron,
Civil Air Patrol

5 Spiritual New Year's Resolutions

The best resolutions are elastic—they cannot be broken with a single act. If you swear never to touch red meat, one burger ruins the resolution. If, on the other hand, you pledge to eat healthier food, each day you have a chance to fulfill the resolution anew. Below are five elastic spiritual resolutions that can carry you throughout the year.

1. Engage with people more than pixels.

Looking at a phone is quick and undemanding. Texting is easier than talking—it gives you intimacy without danger. This year, resolve to spend more time looking into someone’s eyes when you communicate with them.

Replace an extended exchange on text with a meeting for coffee. Make a promise of presence.

2. Take your soul seriously.

It is easy to pretend that what we watch and how we speak have no effects on us. But the constant pounding of hatreds and dehumanization that marks so much of our media have consequences for our character. Part of who you are is the sum of the influences you choose: what you watch, who you associate with, how you speak about others both publicly and privately. Life is a continuous journey of soul shaping, and this year, resolve to keep your deep journey in mind. Turn away from something seductive but corrosive—Twitter rants full of bile, or people who continually insult those around them, or depictions of violence that take savage delight in suffering. You only have one soul; don't squander it in things unworthy of its majesty.

3. Increase your kindness.

If you wish to feel kind, do something good. The great secret of moral growth is that it often begins from the outside. Rather than your joy leading you to smile, your smile can lead you to joy. Behave generously even when you do not feel like it and the habit will grow as will your innate quality of kindness. The act can be small or large; it can be a charitable contribution or a gentle word or help with a heavy bag on an airplane. Do it.

4. Choose someone to forgive.

All of us have legitimate grievances in our lives. Some people are very hard to forgive but you need not begin with the toughest cases. Small acts of grace will grow. Forgive the guy who cut you off in the street; after all, you have cut people off as well, on purpose or inadvertently. Forgive the person who made an unkind remark about you. Choose a place to begin. The more you forgive, the less the world can injure you; forgiveness is a soft shield for your soul.

5. In forgiving, include yourself.

Fight against perfectionism. Leave a dropped stitch in the knitting of your life. There will always be more possibilities to get something wrong than to get it right. Allow yourself the latitude of mistakes, without self-punishing. God is supposed to be perfect, not human beings. Have expectations of yourself, but don't enforce them with a hammer.

The New Year is here. You have not wasted a single day of the future. So here is your chance to live purposefully. Will you achieve this every day? Of course not (see #5 above). The key resolution is not to triumph or to always succeed. Resolutions of the spirit come down to one thing: in this New Year, grow.



CAP Cadet Placing a Ceremonial Wreath at the Wreaths Across America ceremony while United States Sen. Maggie Hassan looks on.

The annual Wreaths Across America ceremony was held Saturday, Dec. 16th at the NH State Veteran's Cemetery in Boscawen. This ceremony dates back to 2005 when CAP First became involved. A standing room only crowd was there in the chapel to honor our veterans and teach others the value of their sacrifices. Col. Kevin Harbison NH Wing Commander presided over the ceremony.